

## **Palouse Prairie Charter School**

### **NONINSTRUCTIONAL OPERATIONS**

**8210**

#### Charter School Wellness Committee

With the purposes of monitoring the implementation of the Charter School's wellness policies, evaluating policy progress, serving as a resource at the Charter School site, and revising the policies as necessary, a Charter School wellness committee is hereby established to develop, implement, monitor, and review Charter School nutrition and physical activity policies. The Board of Directors specifically acknowledges that community participation is essential to the development and implementation of successful school wellness policies.

Following initial development, the committee will meet at least annually for continued assessment.

Committee membership may consist of:

1. Charter school food service coordinator;
2. Dietician;<sup>1</sup>
3. Parents;
4. Students;
5. Staff members;
6. Administrators; and
7. Physical education and health program leader.

Committee membership will be approved by the Board annually;

#### Development

To help with the initial development of the wellness policies, the Charter School will conduct a baseline assessment of the school's existing nutrition and physical activity environments and policies. The results of those assessments will be compiled to identify and prioritize needs.

#### Monitoring

The Director or his or her designee will ensure compliance with established Charter School nutrition and physical activity wellness policies.

School food service staff will also ensure compliance with nutrition policies within school food service areas and will report on this matter to the Director.

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<sup>1</sup> If there is no dietitian, the Charter School might consider negotiation with the local hospital or health district to secure the services of an outpatient dietitian. The dietitian could serve as an integral member of the Charter School health advisory team and work collaboratively with the school nurse to screen and assess students' nutritional status and provide counseling, referral and follow-up services.

The Director or designee will develop a summary report every 3 years on Charter School-wide compliance with the school's established nutrition and physical activity wellness policies based on input from the school. That report will be provided to the Board and may also be distributed to school health councils, parent/teacher organizations, the Director, and school health services personnel in the Charter School.

Legal Reference: Sec. 204, Child Nutrition and WIC Reauthorization Act of 2004

Policy History:

Adopted on:

Revised on: 12/12/16