

Communications with Parents: PPS will support parents' efforts to provide a healthy diet and daily physical activity for their children. The school will offer:

- PPS will host healthy eating events for families
- PPS will send home nutrition information.
- PPS will post nutrition tips on school website,
- PPS will provide nutrient analyses of school menus.
- PPS will encourage parents to pack healthy lunches and snacks and to refrain from including beverages and foods that do not meet the school's nutrition standards for foods and beverages.
- PPS will provide parents a list of foods that meet the school's snack standards and ideas for healthy celebrations/parties, and fundraising activities.
- PPS will provide opportunities for parents to share their healthy food practices with others in the school community.
- PPS will provide information about physical education and other school-based physical activity opportunities before, during, and after the school day; and support parents' efforts to provide their children with opportunities to be physically active outside of school.
- PPS will share information about physical activity and physical education through a website, newsletter, or other take-home materials, special events, or physical education homework.

Policy History:

Adopted on: 6/9/09

Revised on: 6/9/14